

JANUARY-JUNE 2023



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# Gajgamiini

THE HOUSE JOURNAL OF THE MEHTA GROUP

Gajgamiini: The graceful gait of an elephant. Strong, sure-footed and alert, the positive characteristics of this majestic animal are also qualities found in The Mehta Group







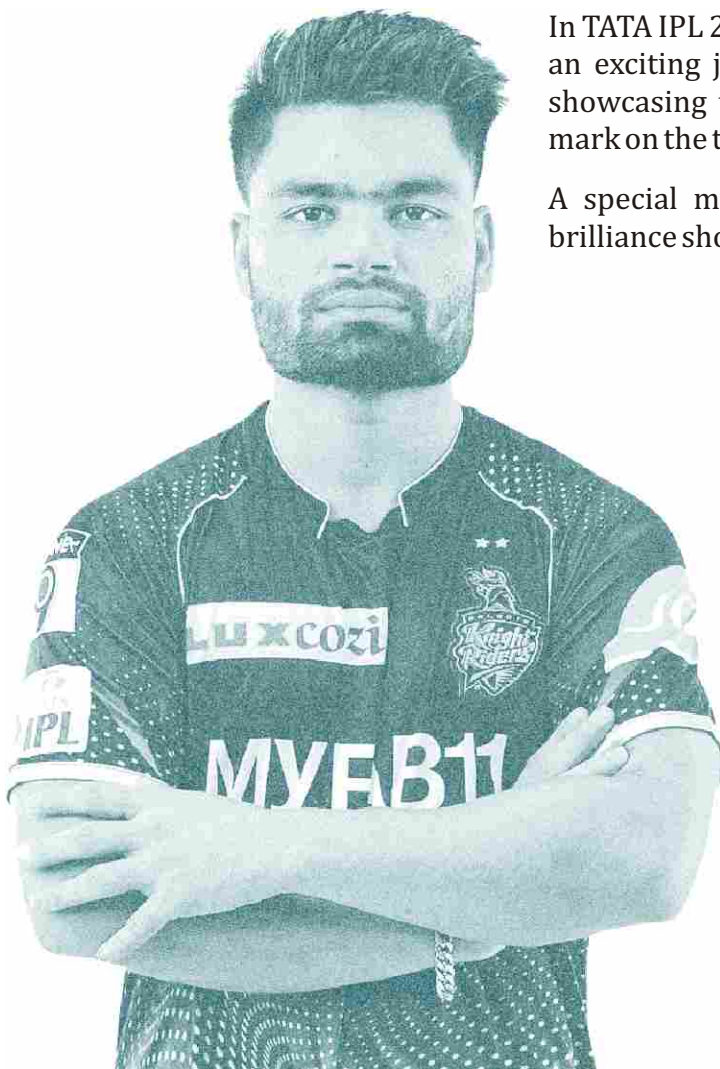
## Kolkata Knight Riders Memorable Performance IPL 2023

The Indian Premier League (IPL) is undoubtedly one of the most anticipated cricket tournaments worldwide. Every year, fans eagerly await the thrilling clashes between the franchises, with each team vying for the coveted title.

The squad was completed in the IPL Auction held in February, where members of the top management and coaching staff (Mr. Jay Mehta, Ms. Jahnvi Mehta, Mr. Venky Mysore, Mr. Chandrakant Pandit, Mr. James Foster, Mr. Bharat Arun and Mr. A. R. Srikanth) put in their best efforts to ensure they had the best possible unit for the upcoming season.

In TATA IPL 2023, Kolkata Knight Riders (KKR) took fans on an exciting journey with their captivating performances, showcasing their resilience and determination to leave a mark on the tournament's 16th edition.

A special mention here has to be made of the batting brilliance showcased by Rinku Singh.



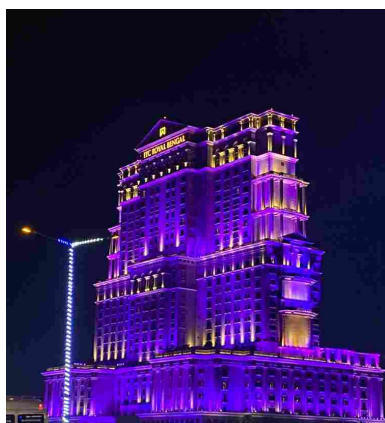


## Purple Homecoming

KKR's fans had missed watching their Knights play at their home ground ahead of their first game at Eden Gardens after a long wait of three years due to COVID-19, KKR launched the 'Homecoming' campaign, illuminating popular landmarks in the city (From Eden Gardens to Howrah Bridge, ITC Royal Bengal and others) in the shade of colour purple, as a mark of celebration and coming together once again in the City of Joy.



KKR team bus



ITC Royal Bengal lit up in purple to congratulate our champions



Majestic Kolkata's Howrah Bridge decked in purple light







Ms Juhi Chawla Mehta and Mr Jay Mehta

KKR also made sure they continued to responsibly host games during the IPL.

As part of Ms. Juhi Chawla Mehta's initiative of reducing KKR's carbon footprint through the Solid Waste Management Program, the management deployed 150 waste workers to ensure the waste generated during the home games were segregated, collected and disposed in an environment-friendly manner.





## A promising start

Despite an early setback of losing regular captain Shreyas Iyer just before the tournament, KKR started their IPL 2023 campaign on a strong note. They lost the rain-truncated opening match vs Punjab in Mohali, but picked up back-to-back victories in the next two matches - beating Royal Challengers Bangalore and Gujarat Titans.



Under the astute leadership of stand-in captain Nitish Rana and new head coach Chandrakant Pandit, the team demonstrated great performance. The squad was a perfect blend of experienced campaigners and talented youngsters, who demonstrated exceptional teamwork and synergy.





## Venkatesh Iyer becoming KKR's second centurion after 15 years

Venkatesh Iyer's century for KKR vs Mumbai Indians was a remarkable achievement that left fans wanting for more. This was the first century by a KKR player since Brendon Mc Cullum's 158\* in the first ever match in IPL history in 2008.



Iyer's century was a display of skill, composure, and aggressive stroke play. Though KKR couldn't win that particular match, it was a memorable milestone for the franchise.

## Rinku Singh's winning strokes

One cannot talk about KKR's performance in IPL 2023 without mentioning the incredible contributions of Rinku Singh. The talented cricketer from Uttar Pradesh played a vital role for KKR this season.

Known for his aggressive batting style and ability to score quick runs, Singh showcased his potential and contributed significantly to the team's success.







As a lower middle-order batsman, he often found himself in pressure, but his composure and shot-making skills allowed him to deliver crucial innings for KKR. Singh's ability to find gaps in the field and strike the ball with power made him a valuable asset in the team's batting line-up. His five sixes in the last over against Gujarat Titans will go down in IPL history as one of the most incredible knocks in a chase. He ended up scoring 474 runs in 14 games and his consistency with the bat proved that Rinku Singh has the potential to become a formidable force in the future seasons of the IPL.



Kolkata Knight Riders batting sensation Rinku Singh in action





## Bowling brilliance

KKR's bowling attack was led by the spin trio Varun Chakaravarthy (20 wickets), Sunil Narine (11 wickets) and youngster Suyash Sharma (10 wickets) who bamboozled batsmen with their guile and variations. Their ability to stifle the opposition's run flow and pick up crucial wickets turned the tide in KKR's favour on multiple occasions.



## A season of ups and downs

Despite showcasing an exciting brand of cricket throughout, KKR experienced their fair share of ups and downs during the season.

They struggled to maintain momentum in the middle stages of the tournament, hampering their progress towards securing a playoff spot.







## Strong finish

However, KKR refused to bow down to adversity and staged a remarkable comeback in the latter part of the season (they won 4 out of their last 7 games).



The team displayed resilience and determination, bouncing back from defeats with stellar performances. Their ability to absorb pressure and deliver under challenging circumstances demonstrated their character as a team.







## And to round it all up...

KKR's performance in the IPL 2023 season was a testament to their fighting spirit and never-give-up attitude. Despite facing setbacks and inconsistency, the team managed to make a strong impact with their exceptional batting firepower and disciplined bowling attack.

Although they fell short of the ultimate prize, KKR's journey in IPL 2023 showcased their potential for a promising future. With an eclectic mix of talent, experience and strategic planning, KKR will undoubtedly continue to be a force to be reckoned within the seasons to come.





**GUJARAT SIDHEE CEMENT LIMITED  
AND  
SAURASHTRA CEMENT LIMITED  
HAVE ANNOUNCED  
A MERGER**



**Snowcem**  
**P A I N T S**

In a recent development, Gujarat Sidhee Cement Limited (GSCL) and Saurashtra Cement Limited (SCL) have merged, bringing together the two companies.

This implies that with this Merger, the brand "Sidhee" along with its operations and net worth is now integrated into Saurashtra Cement Limited, alongside their existing brands "Hathi" and "Snowcem."

This merger has transformed SCL into a larger organization thus offering the opportunity to optimize and streamline various functions and processes more effectively. Furthermore, all GSCL employees have become part of the SCL family.

## Celebration of 13th GMMSSSW Event at Shree Digvijay Cement Co. Ltd., Jamnagar



On June 3, 2023, the 13th Gujarat Metalliferous Mine Safety, Swachhta & Silicosis Awareness-2022 concluded with a grand final day function and prize distribution at Shree Digvijay Cement Co. Ltd., Jamnagar.



The primary emphasis of this year's event was on enhancing operational safety, advocating for safe practices, optimizing equipment parameters, maintaining good housekeeping, and creating awareness about the notified disease – silicosis, particularly among the miners in MSW.

Post the evaluation of all participating mines was undertaken; the selected few were celebrated and honoured at the much anticipated grand finale which featured the award distribution ceremony. This is annually organized by the host organization on a rotational basis.

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## Adityana Limestone and Marl Mines of Saurashtra Cement Limited secured Third prize at MEMC Week, Tata Chemicals Ltd., Porbandar



On April 10, 2023, the Mines Environment and Mineral Conservation Week 2022-23 concluded with a vibrant final day function and prize distribution ceremony at Tata Chemicals Ltd., Porbandar.

After a thorough evaluation of all participating mines, the chosen ones were recognized and honored during the grand finale, an award distribution event organized annually by the host organization on a rotational basis.

Among the standout participants, Adityana Limestone & Marl Mines of Saurashtra Cement Ltd., shone brilliantly, securing the coveted third prize in the overall competition. In addition, they also claimed other prizes in various categories during this high voltage and exciting event.

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Sr. No.	CATEGORY	PRIZE WON
1	Environmental Monitoring - Adityana Mine	1
2	Mineral Conservation - Adityana	2
3	Sustainable Development - Adityana Mine	2
4	Afforestation - Ran Mines	1
5	Sustainable Development - Ran Bauxite Mines	1
6	Promoting Swachh Bharat Mission - Ran Mines	2
7	Environmental Monitoring - Ran Mines	3
8	Publicity and Propaganda	3
9	Overall Performance - Adityana Limestone Mine	3
10	Overall Performance - Ran Bauxite Mine	1



## 5 Star Awards to Prashnavada Mines

Saurashtra Cement Mines has achieved a remarkable feat by receiving the prestigious "**5 STAR RATING AWARD**" for three consecutive years. The recognition was bestowed upon them during the Star Rating Award Ceremony held in Nagpur on March 1, 2023, as part of the 75th anniversary celebration of the Indian Bureau of Mines.

During the 75th anniversary and award ceremony, the presence of esteemed dignitaries from the Government of India (GOI) and the Indian Bureau of Mines (IBM) was graced by the Hon'ble Union Minister Mr. Pralhad Joshi, who holds portfolios in Mines, Coal & Parliamentary Affairs. Addressing all the dignitaries and participants, Mr. Joshi expressed his belief that the country's mining industry can make a significant contribution of 2.5 percent to the Gross Domestic Product (GDP) by the year 2026-27.

Gandhinagar Region Mines, under the inspiring leadership of honorable Mr. Puspendara Gaur, Regional Controller of Mines, achieved a remarkable feat by securing 14 awards, including a prestigious 5 Star Rating. This milestone is indeed a momentous occasion for the Indian Bureau of Mines, Gandhinagar.

The awards for Saurashtra Cement Limited, Sidheeagram, were received with pride by Director-Works, Mr. Dinesh Randad, and Head of Mines, Mr. Rajeev Ranjan Singh. On behalf of Saurashtra Cement Limited, Mr. Rajeev Ranjan Singh and Mr. Randad had the honourable opportunity to collect the prestigious Sidheeagram awards.



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## Five Star Award to Adityana Limestone and Marl Mine by Ministry of Mines under Sustainable Development Framework



Adityana Limestone & Marl Mine participated in the evaluation for the Star Rating of Mines for the year 2021-22, which is a system established by the Ministry of Mines through Indian Bureau of Mines (IBM).

We are delighted to announce that Adityana Limestone & Marl Mine have been honored with the prestigious Five Star Mine rating.

This esteemed recognition was bestowed upon them by Mr. Prahlad Joshi, Minister of the Government of India, during the 7th National Conclave on Mines & Minerals. The event took place on March 1st, 2022, in Nagpur and was organized by the Ministry of Mines.

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## Goal Setting Session by the Senior Executive Team



In February 2023, the Corporate Office in Mumbai hosted a goal setting session for the Senior Executive Team to strategize and plan the Company's direction for the upcoming fiscal year. A skilled facilitator from Aon India led the meeting, providing a valuable opportunity for our organizational leaders to unite and work collaboratively on defining the objectives that will steer our success in the coming months.

At the goal setting session, the Senior Executive Team meticulously developed a comprehensive action plan aimed at guiding our endeavors towards achieving the set objectives. This plan includes specific initiatives, well-defined timelines, and performance metrics, enabling us to effectively monitor progress and make necessary adjustments whenever needed.

To ensure the attainability and measurability of the objectives, the team established key performance indicators (KPIs) for each one. These KPIs were aligned with the company's overarching strategy and vision, serving as essential tools to track our advancement towards meeting the objectives.

Overall, the goal setting session proved to be an invaluable opportunity for the Senior Executive Team to synchronize our priorities and work collaboratively towards a shared objective. With specific and measurable goals now in place, we are confident in achieving the desired outcomes and propelling the on-going success of our organization.

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## An initiative under CORPORATE SOCIAL RESPONSIBILITY

### -Introduction of Bokhira, Porbandar Solid Waste Management Project



For the past 65 years, Saurashtra Cement Limited has been actively involved in supporting local communities and fulfilling its commitment to societal progress. With a strong focus on environmental conservation and the well-being of the community, the Company recently initiated a Solid Waste Segregation Program in collaboration with Porbandar Chhaya Nagarpalika and International Urban and Regional Cooperation (IURC).

This program, funded by the European Union, aims to promote sustainable urban development through multi-city cooperation.





On February 18, 2023, during the launch event, Saurashtra Cement Limited distributed blue and green dust bins, informative pamphlets, and stickers to the residents of BSUP Awaas Yojana at Bokhira, Porbandar.

This initiative was driven by the solid waste data collected by Porbandar Nagarpalika at Bokhira Ward, reflecting the company's commitment to promote waste segregation practices within the community.

During the event, special invitees from our Corporate Office, Ms. Falguni Mehta, and from our Ranavav Plant, Dr. Milan Vasavada, addressed the audience, inspiring them to adopt daily waste segregation and cleanliness practices to bring about a positive change in society.

Children from Arya Kanya Gurukul and Saurashtra Cement Vidyamandir showcased inspiring and entertaining programs, including prayer chanting, street plays, and swachhta dances, educating the audience about waste management in an engaging manner.

Videos, demonstrations, and quizzes further emphasized the importance of behavior change and proper waste disposal to minimize environmental impact.

As the program came to an end, Saurashtra Cement Limited distributed educational pamphlets along with dry and wet dustbins to the residents of Bokhira.

The enthusiastic participation of the Bokhira community contributed to the program's success, receiving positive coverage in numerous newspapers, news channels and social media platforms. This initiative is poised to generate substantial awareness and promote behavior change among the residents, playing a crucial role in transforming Porbandar into a clean and eco-friendly city.

## A Snapshot of the Training Sessions That Were Held

### Mind over Belly: Natural Solutions for Digestive Problems - A Wellness Program by Facilitator Kavita

Kavita, a Clinical Dietician, holds certifications in Ketogenic Diet and Diabetic Education, and boasts more than 15 years of experience in the health and wellness field. Her mission is to actively engage, educate, empower, and inspire individuals to embrace healthy lifestyle choices.

During the session, she emphasized the importance of adopting a healthy lifestyle through mindful eating practices. By consuming the right food, prepared correctly, and at appropriate times, our bodies can harmonize with nature more effectively. Additionally, she provided insights on enhancing gut health by steering clear of certain foods that may adversely impact overall well-being.



## Digital Age Eyesight Care



On June 14, 2023, a webinar titled "**Eyesight Care in the Digital Age**" was conducted by Dr. Aruna Yadav at the Corporate Office. Dr. Yadav is a renowned Author and Eyesight Healing Trainer in Asia.

During the webinar, she provided practical insights through live demonstrations, shedding light on how the improper use of digital devices affects both adults and children's eyesight, and offered effective ways to reduce or eliminate these effects.

Dr. Yadav also addressed the issue of incorrect use or excessive reliance on spectacles, which can further deteriorate eyesight. She shared valuable information on how to heal eyesight and address chronic body and mind issues using the proven Pancha Kosha System. Participants gained valuable knowledge and techniques to safeguard their eyesight in the digital era and enhance their overall well-being.

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## CORPORATE OFFICE, MUMBAI

**Mr. Ujjal Kumar Ghatak**  
Chief Information Officer

**Ms. Sumitra Rupesh Warvadekar**  
Secretary

**Ms. Aditi Khadge**  
Secretary

**Mr. Amey Ghosalkar**  
Deputy Manager-Administration

## SCL, RANAVAV

**Mr. Sharad Chandra Sanaja**

**Mr. Prakash Patle**

**Mr. Hiren Maru**

**Mr. Hardik Gokani**

**Mr. Kumar Kuwar**

**Mr. Ishwar Parmar**

**Mr. Raman Dindor**

**Mr. Sanjaykumar Upadhyay**

**Mr. Ajitsinh Jadeja**

**Mr. Vishnu Pal**

**Mr. Dilip Shingadiya**

**Mr. Manoj Kumar**

**Mr. Sumit Marthak**

**Mr. Yogesh Gupta**

**Mr. Ayush Kumar**

**Mr. Ramniwas Meena**

**Mr. Nitin Purohit**

**Mr. Nilesh Sinkari**

**Sr. Manager-Accounts**

**Sr. Manager-Mechanical**

**Asst. Manager-Civil**

**Officer-Accounts**

**Dy. Manager-Power Plant**

**Supervisor-Process**

**Supervisor-Lab**

**Geologist-Mines**

**Surveyor-Mines**

**Officer-CCR**

**Supervisor-Electrical**

**Manager-Process**

**Officer-Accounts**

**Dy. General Manager-IT**

**Officer-Stores**

**Supervisor-Mechanical**

**Supervisor (Electrical)**

**Sr. Officer-Stores**

## SCL, SIDHEEGRAM



**Mr. Jayantilal Bhimani**  
Joint President-Technical

**Mr. Ravendra Vishwakarma**  
Engineer-Mechanical

**Mr. Kripalsinh Sarvaiya**  
Officer-CCR

**Mr. Chakkaravarthi Kalumuthan**  
Deputy Manager-Purchase

## SCOUL, LUGAZI, UGANDA

**Dr. Kigenyi Ismail**  
Medical Officer, Mehta Hospital

## CABLE CORPORATION LIMITED, ENGINEERING DIVISION, UGANDA

**Mr. Vignesh Mohan**  
Dy. Manager

## Sidhee and Ranavav Plants ring in the New Year with joyful celebration

The Sidheeegram Plant ushered in the New Year of 2023 with a grand celebration at "The Grand Astoria" Hotel in Veraval.

The highlights of the event were musical performances, dance party and a delectable dinner making the occasion an unforgettable one.

The celebration also saw professional singers and dancers from Rajkot mesmerizing all those present.



Mr. Dinesh Randad took the opportunity to extend his New Year greetings to the residents of Sidheeegram and delivered an inspiring message on enhancing the overall performance of the Company, emphasizing the vital role of each employee and their families.

He also encouraged everyone to focus on productivity improvement and cost consciousness to achieve greater success.





**Marking the Momentous Birthdays of  
Mr. M.N. Mehta - Group Chairman and  
Mr. Jay Mehta - Executive Vice Chairman**



March 20, 2023 marked a momentous occasion as our revered Group Chairman, Mr. M.N. Mehta, celebrated his birthday with great joy in Lugazi, Uganda.

The day commenced with a spiritual havan officiated by Panditji, invoking blessings for Mr. Mehta's enduring and prosperous life. In the evening, the celebration continued with the enthusiastic involvement of our Senior Executives and staff in Uganda, forging precious memories on this exceptional day.

Furthermore, on January 18, 2023, we gathered at our Corporate Office in Mumbai to celebrate the birthday of our dear Executive Vice Chairman, Mr. Jay Mehta.

The occasion was filled with joy and camaraderie as Senior Executives and staff members joined in the festivities.





## Celebration of Basant Panchami and Makar Sankranti Festivals

Members of the Sidhee Ladies Club celebrated Basant Panchami and Makar Sankranti Haldi-Kumkum. The festivities kicked off with enthralling cultural programs presented by the members. The program was filled with some exciting theme-based games, music and cultural presentations, bringing joy to all those present.

Dr. (Mrs.) Madhuri Randad, President of Sidhee Ladies Club addressed the attendees with her inspirational speech as the evening concluded.



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On January 13, 2023, our Corporate office in Mumbai too, celebrated Makar Sankranti by organizing a wonderful Haldi Kumkum event. The male staff of the Company contributed to the festivities by facilitating exciting gifts, which were distributed among the women.



Senior Executives and staff came together wearing black outfits to celebrate the Sankranti festival

The celebration was accentuated with a traditional theme, with the staff adorning striking black attire and warmly greeted each other by exchanging Tilgul (sesame ladoos) and uttering the traditional wishes in Marathi saying, "tilgul ghya goad goad bola."

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## Valentine's Day Celebration

The Sidhee Ladies Club observed Valentine's Day on February 14, 2023 in high spirits. Dr. (Mrs.) Madhuri Randad, along with all the club members, cherished the celebration with a host of activities, including music, games, cultural performances, and the joy of prize distribution.



Valentine Day celebration by Sidhee Ladies Club

Simultaneously, all the members at our Corporate Office came together for a delightful Valentine's Day celebration. To foster team spirit, the theme of the day revolved around the colors of love - red and pink. It was a treat to the eyes to see everyone dressed in these two colours adding charm to the celebration planned ahead. The festivities included housie games, contests such as "Best Dressed Male" and "Best Dressed Female" as well as "Best Colorful Dress," where the winners were rewarded with prizes.

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The iconic Male and Female winners were Mr. Manoj Wadhwani and Ms. Neha Joshi. The best colourful outfits went to Mr. Harishchandra Joshi and Ms. Priti Singh. The housie game winners were Ms. Jhanavi Matani, Ms. Rekha Artani, Mr. Sampat Yadav and Ms. Shraddha Patel.



Corporate Office staff dressed in pink and red attires  
in recognition of Valentine's Day



Iconic Male & Female Winners -  
Mr. Manoj Wadhwani and Ms. Neha Joshi

## National Women's Health Day



Mr. Prakash Kunte welcoming  
Dr. Chetana Salunkhe Karambelkar

On February 26, 2023, The Mehta Group Employees Club came together to celebrate the National Women's Health Day in fond remembrance and honour of the eminent first Indian Lady Doctor - Anandibai Gopalrao Joshi for her outstanding contribution in the field of medicine.

A blood camp was organised in the Corporate Office and also a seminar was held by Dr. Chetana Salunkhe Karambelkar who has made a remarkable name in the field of Obstetrics & Gynaecology and Reproductive Medicine Infertility.

She shared insights on pregnancy, motherhood, menopause, breast cancer and more, empowering attendees with knowledge for these phases.

## Holi/Dhuleti Celebrations



Holi celebrated at Sidheegram

Our Mumbai, Sidheegram and Ahmedabad Offices celebrated Holi and Dhuleti with enormous enthusiasm and joy.

At Sidheegram Plant, the festivities began with a traditional Holika Poojan conducted by Mrs. & Mr. Dinesh Randad.

The highlights of the evening - Holika Dahan was made exciting with lively games, music, and scrumptious snacks for all.

The celebration extended with a grand Dhuleti event at the Inspection Bungalow where the residents of the colony came together with their families, and everyone had a memorable time celebrating the festival of colors.



Holi celebrated by Mr. Randhir Singh and his team at Ahmedabad office

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The Mehta Group Employee's Club put together an exciting celebration for Holi.

To keep the festive spirit going, the Mehta Group Employee's Club organized a fun contest called "Kavita & Chutkule ki Mehfil" (Poetry and Jokes Gathering).

Participants shared their creative poems and funny stories, entertaining everyone. The Club Committee carefully chose winners based on specific criteria.

Every participant gave their own creative flair to the event, making it even more enchanting.

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## Celebration of World Deworming Day by SCL, Ranavav

On February 10, 2023, World Deworming Day was celebrated at SCL, Ranavav. The event saw the distribution of an ethical dose of anti-helminthes in tablet form to all the students, administered by a dedicated team comprising of Mrs. Ira Singh, Mr. Narendra Singh, Chief Manufacturing Officer, Ms. Dipa Paida, Principal, SCL Vidya Vihar, Dr. Milan Vasavada, GM- Health Service, and Mr. H. M. Khunti, DGM – HR&A. With the assistance of the Medical Center and a team of dedicated school teachers, including SCL colony residents, a total of 225 students were covered.

This recent method of eliminating worms not only benefitted the children by helping them recover from anaemia but also indirectly helped them in improving their well-being and nutritional status. Mr. Narendra Singh expressed his heartfelt appreciation for the selfless efforts of the medical center, school and HR department.



## Republic Day Celebration

On January 26, 2023, Republic Day was commemorated at both NKDAV Public School and SCL, Ranavav. Mr. Dinesh Randad and Mr. Narendra Singh hoisted the National Flag at their respective Plants. Everyone present saluted the National Flag and took a solemn pledge to uphold the honor, integrity, diversity and uniqueness of our Nation.





The Republic Day celebration witnessed the coming together of the NKDAV School staff, LMC Members, and Senior Executives of SCL & GSCL. All present, together sung the National Anthem which echoed through the surroundings, creating a sense of unity and pride among all those in attendance.



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## National Safety Week at Ranavav and Sidheeegram



From March 04 – 11, 2023, the 52nd National Safety Week was celebrated with enthusiasm at both Ranavav and Sidheeegram, spearheaded by Mr. Narendra Singh and Mr. Dinesh Randad, respectively.

All throughout the week, students, teachers, and school staff were seen actively engaging in a series of activities with an aim to promote safety awareness. The events unfolded during the week included - Safety Poster Slogan contests, Safety Flag hoisting, Safety Oath Ceremony and a Lamp Lighting ceremony. In addition, demonstration of Personal Protective Equipment (PPE) was held to educate participants about their proper usage.

Vendors displayed the various Life Saving Equipments along with modern PPEs



Teachers and Students of the School during the National Safety Week



Prize distribution by Mr. Pankaj Vaja during the National Safety Week at Sidheeegram



## Environment Day/Week

From June 1 to 05, 2023, Saurashtra Cement Limited, Ranavav, celebrated "World Environment Day/Week."

The celebrations included a series of engaging activities and competitions which were organized with an aim to raise awareness about environmental conservation.

The events included an Environment Poster Competition, Environment Slogan Competition, and an Environment Poem Competition. There was a full house participation by company employees, contract workers and their family members.

The winners of each activity and competition were rewarded for their efforts in promoting environmental consciousness. The prizes were awarded by Mr. Narendra Singh, Mr. Deepak Jagetiya, Mr. Milind Ghate, Dr. Anil Kumar, and other Heads of Departments, along with the GPCL Regional team.



Mr. Narendra Singh planting a tree on World Environment Day





Celebrating Environment Day at SCL, Ranavav

## Multimedia Classroom Inauguration

A Multimedia Classroom at NKDAV Public School was inaugurated on the occasion of Republic Day with Mr. Dinesh G. Randad and Mr. Vijay Arora, Headmaster of NKDAV Public School, gracing the event.

The objective of this state-of-the-art facility is to add to the learning experience of our students by incorporating Multimedia into the teaching methods.



Mr. Randad congratulated the school for taking the initiative to adopt this innovative and dynamic learning methodology.

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## Sidhee Premier League – 2022-23



With an aim at promoting team building and motivation, Sidhee Premier League was organized at SCL, Sidheeagram. Five teams were formed through an auction process and each of the team represented different departments. It was a delight to have participation from employees across various departments.

Following the outstanding performance, the two teams who advanced to the final round were -

**SIDHEE MAHARATHIS**

**SIDHEE YODHDHAS**

On February 19, 2023, the final match took place where Sidhee Maharathis team won the title under the mentorship of Mr. Praveen Kavadia, V.P-Finance & Accounts and captainship of Mr. Nipul Zala, Manager-HR & Administration.



**Winners of Sidhee Premier League Sidhee Maharathis Team with Mr. Dinesh Randad**

**Friendly Cricket Match of Sidhee Ladies Club**

As part of the Sidhee Premier League 2022-23, the Sidhee Ladies Club organized a Friendly Cricket Match at the Sidhee Cricket Ground.

The 12 over match was played between two teams - Sidhee Risers and Sidhee Warriors.

Mr. Dinesh Randad, Senior Executives, Colony residents and members of the Sidhee Ladies Club were in for a surprise as audience for this match saw remarkable performance between the two teams.

The victorious team, Sidhee Warriors, was led by Mrs. Monalisa Singh, wife of Mr. Rajeev Ranjan Singh, GM-Mines.



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## Awareness Camp by Indian Post



In association with the Indian Post Department, Veraval Branch, SCL, Sidheegram conducted an Awareness Camp on the Employees and Workers Beneficiary Schemes at Sidheegram.

The event was inaugurated by Mr. Dinesh Randad. During the programme, various beneficiary schemes were discussed with an aim to raise awareness among the workers and employees.

The following beneficiary schemes were discussed in the programme to raise awareness amongst workers and employees -

- **Personal Accident Insurance Policy**
- **Pradhan Mantri Jivan Jyoti Bima Yojna**
- **Account opening**
- **New Aadhar card for children upto 5 years age**
- **Aadhar Mobile number updation**
- **Digital Life Certificate**





## Hawan Pooja at Khodiyar Mata Temple

A Hawan Pooja was conducted at Khodiyar Mata Temple located at SCL, Sidheegram by Mr. & Mrs. Dinesh Randad, along with Senior Executives and colony residents. Offering prayers, they sought for the well-being and happiness of all the residents of Sidheegram.



## Summer Sports Fiesta 2023



The Mehta Group Employees Club hosted an enthralling Summer Sports Fiesta 2023 at Dr. Antonio De Silva Turf, Dadar (W), Mumbai on March 25, 2023.

What made this event special was the meticulous spread of different sports and games that complimented varying skill levels and physical abilities. This extended the opportunity for everyone to actively participate, thus contributing to a strong sense of team spirit.

The selection of activities included traditional team sports, relay races, the exciting bucket challenge, dollar hunt, and obstacle courses.

Further, participants also enjoyed various light-hearted games like musical cones and lemon & spoon races.



### **Mombasa Nursery School in Kenya celebrates Mother's Day and Father's Day**

The Mother's Day and Father's Day events celebrated at Mombasa Nursery School in Kenya witnessed an enthusiastic turnout of parents who actively participated in a host of parent-child activities.

The games played included tug of war, tyre races, ball games, dance activities, and team-building exercises. The event was appreciated by all present and it gave parents and children a chance to bond in a beautiful way.





## International Yoga Day

Annually observed on June 21st, International Yoga Day was observed with enthusiasm at our Corporate Office.

Renowned yoga trainers, Mr. Gajanan Parameshwar Hegde and Mr. Ashok Tiwari, Yogacharya, led the session and apart from personal participation of the staff in Mumbai, using the digital platform, the session was live-streamed via zoom, allowing participation from both the Plants and Marketing offices.



Yoga trainers performing yoga pose



Corporate Staff practising yoga on International Yoga Day



# Congratulations

## Shining Success

Urvash Jaiswal attained 54 marks in NEET examination out of 720 and with this he has secured admission in MBBS at GMERS Medical College, Gandhinagar.

He is the son of Mr. Sanjay Jaiswal working as Officer-Wages & Administration in HR department at SCL, Ranavav.



**Congratulats to Urvash!**



Master Mohil Shukla, son of Mr .Vinay S Shukla, Sr. General Manager-Civil, SCL, Ranavav attained AIR - 106 in May-2023.

His goal is to get admission in IIT-Delhi.

**Congratulats to Mohil!**





**IN REMEMBRANCE OF SMT. NIRMALA R. KHATAU**



Smt. Nirmalaben Ranvir Khatau, the youngest daughter of our esteemed founder, Shri Nanjibhai Kalidas Mehta, served as a remarkable role model and was the younger sibling of our Chairman, Shri Mahendra N. Mehta.

Through her unwavering determination and dedication, Nirmalaben emerged as an outstanding student, excelling in various fields such as Veda Mantras, Yagna Gyan, and Bhartiya Sahitya, all under the guidance and mentorship of her respected sister, Dr. Savitadidi Mehta, affectionately known as Didiji.

Nirmalaben also discovered solace and a means of expression through her deep passion for Manipuri dance, a talent that flourished under the nurturing support of Didiji. Notably, both sisters made history as the first female students to graduate from the Nehru Dance Academy in Imphal.

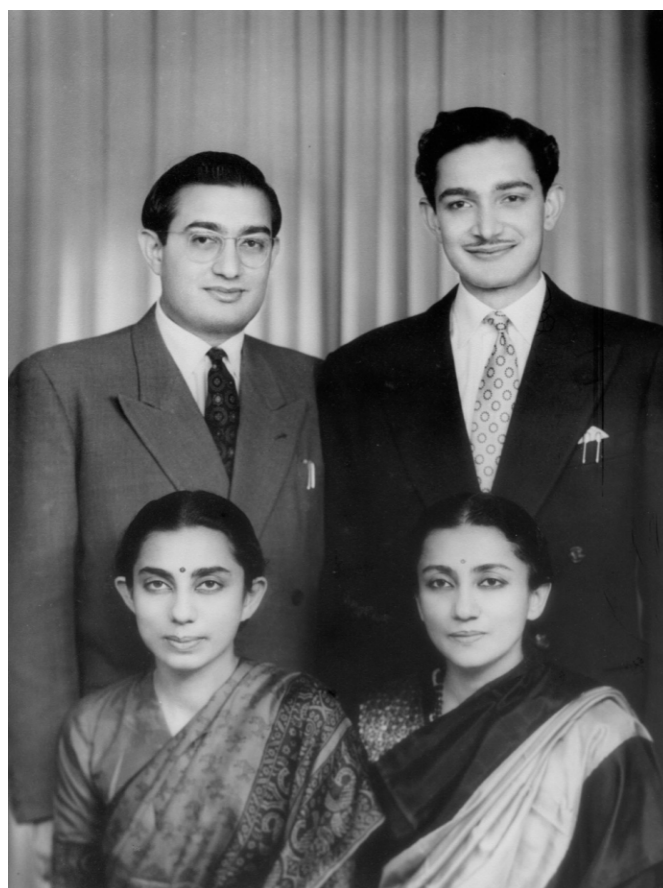
As the years passed, Nirmalaben's dedication to Arya Kanya Gurukul deepened, culminating in her appointment as a trustee, where she generously shared her wisdom and insights to advance the institution's progress.



**Mr. Ranvir Khatau and  
Mrs. Nirmalaben Khatau**



**Smt. Nirmalaben R. Khatau**



**Smt. Nirmalaben Khatau with her siblings  
(clockwise from top left) Mr. Dhirendrabhai. N Mehta,  
Mr. Mahendrabhai N. Mehta, Smt. Nirmalaben Khatau  
and Dr. Savitaben Mehta**



In addition to her educational pursuits, Nirmalaben authored three books:

1. Mere Didi ke Patra
2. Agampath na Yatri
3. Dr. Savitadidi ni Vagmita



Mr. Mahendrabhai Mehta and Mrs. Nirmalaben Khatau



L to R: Smt. Nirmalaben Khatau, Mr. Hemnabh Khatau, Mrs. Nihita Khatau and Mr. Ranvir Khatau

Beyond her dedication to Gurukul, Nirmalaben was a loving mother to her son, Mr. Hemnabh Khatau, who currently serves as Director-SCOUL, Uganda and Indian operations as well.

Sadly, on December 13, 2022, Nirmalaben departed for her heavenly abode, leaving a void in our hearts. She is survived by her husband, Mr. Ranvir Khatau, her son, Mr. Hemnabh Khatau, her daughter-in-law, Ms. Nihita Khatau, her grand daughters, Vaishnavi and Shivani, as well as her two sons-in-law, Mathew Joy and Jash.

May her soul rest in peace.

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**Mr. A.M. Fadia, Director  
(Corporate Affairs & Legal),  
Corporate Office, Mumbai**



Mr. A.M. Fadia joined The Mehta Group as Company Secretary in 1985. Throughout his career and time at The Mehta Group, he proved to be an extraordinary professional, displaying remarkable intelligence, dedication, and firm integrity. His commitment towards the principles of corporate governance and ethical practices earned him immense respect within the Company.

Mr. Fadia was eventually promoted to the position of General Manager-Company Secretary followed by being appointed as a Director of the Company. Post his retirement, the Group absorbed him as a Retainer.

With a wave of sadness we bid farewell to Mr. Fadia, who peacefully left for his heavenly abode on May 27, 2023, after dedicating over 40 years of his life to our organization. He is survived by his wife, two sons and a daughter-in-law.

May his soul rest in eternal peace.

## The First Business Conclave by Saurashtra Cement Limited Post-Merger with Gujarat Sidhee Cement Limited



With the merger of our two companies, Saurashtra Cement Limited and Gujarat Sidhee Cement Limited as '**Saurashtra Cement Limited**', effective from March 30, 2023, the new financial year 2023-24 started on a promising note.

Our network of associates who have been dealing with both the companies since over decades, were curious to know about the future action plans of the Company. Thus with context to clarify their doubts and communicate to them the news of the merger, The Mehta Group, proactively organised a Business Conclave.

The Business Conclave took place at two locations for the benefit of our associates across the region of Gujarat. One was organised on April 19, 2023 at Rajkot for Saurashtra network and the second Conclave was held on April 25, 2023 at Ahmedabad for the rest of Gujarat network.

The event began on a positive note with the lamp lighting ceremony, graced by the presence of our esteemed channel partners and Mr. Randhir Singh, Chief -Sales and Marketing Officer.



Lamp lighting ceremony, graced by the presence of our esteemed channel partners and Mr. Randhir Singh, Chief Sales and Marketing Officer





**Mr Randhir Singh addressing our network partners on enhancing business**

This was followed by interactive games and activities to actively engage all the dealers present. Post this, the most important and much-awaited part of the event 'Town Hall' started with Mr. Randhir Singh, addressing the audience and Mr. Dharmesh Trivedi, Sr. Vice President (Sales) responding to questions from our dealers' fraternity. Most of the questions were related to merger, Company's future prospects, benefits to customers etc. Mr. Randhir Singh briefed on how the merger is a significant achievement for our Company, and the benefits and opportunities that it brings with it for the betterment of all.

The merger has been a well-considered and welcomed decision that had been contemplated over the past few years by the Promoters, Partners, and Board of Directors. This merger has significantly enhanced the strength of Saurashtra Cement Limited, allowing us to capitalize on our positioning and simplify various operations for our valued channel partners and our customers. Also, it will help with the brand extensions and enhanced portfolio of products to choose from, and at the end it will yield good results to end customers.

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Post Town Hall, the channel partners were rewarded with rewards in gold and silver for their dedicated performance and pursuit in promoting and selling our products in their markets.



Mr Randhir Singh rewarding performance based gold to Mr Jitendra Duggad at Ahmedabad event



Mr Randhir Singh rewarding performance based gold to Mr Hasmukhray Mehta at Rajkot event





**Mr. Randhir Singh rewarding Mr. Priteshbhai Shah at Rajkot event**



**Mr. Randhir Singh awarding Rang de Dukan-2nd prize winner of a Refrigerator to Ms Saurashtra Trading Co., Dharaji at Rajkot event**

The later part of the session saw felicitation of the top 3 winners and special and consolation prizes for the contest 'Rang De Dukaan' which was executed at the end of 2022, with the objective of decorating shops and offices with merchandise and other innovative ideas.

Both the events served as a platform for Saurashtra Cement Limited to elucidate on the merger and showcase the future outlook of the organization, thereby dispelling any ambiguities on the same. It also provided an opportunity for the Company to express its appreciation to the channel partners, who have been instrumental in its significant growth over the years.

The event was a memorable occasion that accentuated Saurashtra Cement Limited's dedication and allegiance to its partners and the industry as a whole.



# IGNITE 2023

## Marketing & Sales Leadership Team Conclave

Team building initiatives through group programmes creates magic! When everyone in a group focuses on solving a specific problem with facts and figures, several sparks ignite and new ideas are born. With this objective as our base, we organize conferences at regular intervals to bring leadership teams together and align a roadmap that helps in strengthening our market positioning and better our business.

Recently, on the same line, we had a 2-day working conference titled - 'Ignite 2023'.



Team Ignite 2023

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This was organised at a picturesque resort deep in the jungles of Jambughoda, Gujarat. The event brought together esteemed functional heads and their families, fostering an environment of peace, creativity and teamwork.



With a strong focus on innovation, the conference featured brainstorming sessions centred on key objectives to optimize capacity utilization, simplify processes, and ensure quality control for all products.

Participants were divided into groups, enabling fruitful discussions to shape road maps, assign responsibilities, and devise effective strategies. The first day commenced with engaging group discussions, brainstorming sessions and showcasing of the collective efforts by individuals with their respective teams.

Expertise of each individual was shared and acknowledged by others, and a combined effort to deal with ongoing issues with best solutions, realigning focused areas, improving product positioning, effective usage of existing resources, working on new product development etc. were the main discussion points. On the following day, the team presented their presentations culminating in a showcase to Mr. Singh along with other team members.

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Beyond the professional agenda, Ignite 2023 also provided ample opportunities for relaxation and family bonding. Families of the functional heads enjoyed fun-filled recreational activities thus fostering a sense of camaraderie and strengthening personal connections.

To add an extra touch of excitement, the second day coincided with a thrilling match featuring the IPL-2023 cricket match between Kolkata Knight Riders and Lucknow Giants teams. All invitees proudly donned KKR jerseys, uniting and cheering in a shared enthusiasm for the home team.



All members get together along with their family during Ignite 2023

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## Manthan 2023 – Market Organizer's Conclave and Hathi Wall Putty Launch

Recently we organized a Market Organizer's Conclave on June 6, 2023 at a reputed resort in Diu. Titled - 'Manthan' which means 'churning' thus apt with our objective of 'Churning of Ideas', we conduct it annually for our reputed Market Organizers.

Manthan provides a valuable platform for our Market Organizers who play a crucial role in our channel links. This event is aimed to address their concerns, gather feedback and foster productive connections. The conclave commenced with a brainstorming session to discuss agendas, expectations and targets, extending clarity and synergy among all participants.

During the event, we showcased the marketing efforts undertaken in the past year till May 2023 and outlined upcoming plans for this financial year. Mr. Randhir Singh delivered a motivating address, emphasizing the focus on blended cement, trade sales and the exploration of new horizons for expansion alongside the existing consumer base. A question-and-answer session followed, engaging and intriguing all attendees and sharing a glimpse of the company's future prospects and commitment for channel partners and customers.



Mr. Randhir Singh flanked by Market Organisers and our Company Officials at Manthan 2023

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One of the highlights of the conclave was an element of surprise - the launch of our new product, the 'Hathi Wall Putty'. This marks the first product in our portfolio that extends beyond cement. The significance of unveiling this product in front of our Market Organisers was well in place as they serve as integral partners in our distribution and sales network.

The grand launch of Hathi Wall Putty was conducted by Mr.Kokil Vora, Sr. Vice President (Sales) and proudly unveiled by Mr.Randhir Singh, in the presence of an enthusiastic audience. The stage proudly displayed bags of Hathi Wall Putty, showcasing two variants-coarse and fine putty in various sizes, including 1 kg, 20 kg, 30 kg and 40 kg. Mr.Vora provided detailed information and features of these products in his presentation, generating enthusiasm and appreciation among the Market Organizers and channel partners.

The Market Organizers expressed their delight with the surprise launch and commended the company's vision and operational excellence. Recognizing the immediate potential of the new product, few Market Organizers were appointed as putty distributors due to their eagerness to venture into the putty business.



Market Organisers along with Company officials at Manthan 2023



## Safety Day Celebration at all our Marketing Offices



At all our Marketing Offices in Gujarat, the National Safety Day was observed on March 4, 2023.

The objective behind this was to have a better understanding regarding safety procedures, essential for preventing accidents and untoward incidents.

## Business Partner Meet organized in Mumbai and Delhi for Snowcem Paints

Recently, our Company organized a Business Partner Meet with an objective to engage with the dealers to understand and share various business challenges and highlighting the advantages of our products and organization.

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The event in Mumbai was honored by the presence of our Managing Director, Mr. M. S. Gilotra, alongside Mr. Randhir Singh and Mr. M. L. Kundlas.

Dealer participants were provided with the company's credentials, which instilled confidence in them giving them a sense of pride to be associated with our brand – Snowcem Paints.

## Snowcem Paints Unveils New Products

Snowcem Paints introduces Outweather Acrylic Emulsion Paint and Snowcoat Acrylic Emulsion Paint, two new economical and budget-friendly options for Interior and Exterior Applications.

# SUPERIOR EXTERIOR EMULSION

**120-160 Sq. ft. per litre  
per coat coverage\***

**Available in 1500+ shades**

**TRUE COLOURS OF LIFE**

\*Coverage varies based on surface condition & application method. Indicative area. Conditions apply.





## Visual Treat! Dealer Store Brandings – For Brand Visibility & Awareness



### Radio Ad - Nagpur

Snowcem Paints - Saurashtra Cement Limited is soaring to new heights and the most recent initiative by the marketing department is the launch of our first ever radio advertisement!

All our dealers have been informed about this initiative. And if you are in Nagpur, do not forget to tune into 93.5 RED FM as well.

### Painters Meet at Dealer's Store to Promote Brand Visibility and Awareness



## Gift Distribution Scheme to the Dealer's Store as a part of Loyalty & Incentive Programme



## Snowcem Paints CEO paid a visit to the Dealer's Office

Mr. Surender Bhatia, CEO, Snowcem Paints  
at Arihant Paints, Mumbai

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## Quarterly Review Meet FY 2023-24



CEO, National Sales Head, DGM- Manufacturing, Regional Sales Manager and Marketing Teams at the Quarterly Review Meet FY 2023-24

## Snowcem Paints Breathe New life into Historical Monuments and Landmarks



Snowcem Plus Emulsion at Combined Court Building, Attur, Salem Dist., Tamil Nadu, India



Exterior–Snowcyl Emulsion and Interior–Unigloss Emulsion Paints are used at Birla Temple, Delhi





# REVIEWS

It was a treat reading this issue, (October-December 2022) especially because of the amazing information on the life of Pujya Savitadidi. The way the content was put across was truly commendable, and my heartfelt gratitude to the team at Gajgamini.

In addition, the presentation of the entire issue was fantastic. The news from across all our global offices was enlightening. Every time the magazine is out I know I will get to see interesting things, photos and something new definitely. This issue also had interesting information on the noble work being initiated by our staff at Uganda, and supported by our Chairman.

Keep it up! I am now looking forward to the next issue.

*(Ms. Priscilla Nazareth, Sr. Officer-Accounts, Corporate Office, Mumbai)*

As I was browsing through Gajgamini, I was delighted to come across the beautiful photos of Dr. Savitadidi N Mehta Museum and Vishwa Gurjari Library and the contents. I am happy to share that I was a part of the team setting up the museum, library and reading about the same in Gajgamini gave me immense pleasure.

*(Mr. S. D. Khunti, Sr. Manager (Elect.), SCL, Ranavav)*

Glad to see Savitadidi's memorial coming up. The building was ready a long time ago. Happy to see a great inauguration and huge collection of books and artifacts in the library.

Also, there is more human touch this time in the articles of Gajgamini. A welcome change.

*(Mr. Subhash Khanna, Ex. Executive Director-Operations & Projects)*





# The Gardener's Pot

(contributed by Ms. Priscilla Nazareth,  
Sr. Officer-Accounts, SCL, Mumbai)



Sujoy had just graduated from a reputed business school. His father was a wealthy man owning a flourishing textile business. Sujoy joined his father with high hopes of multiplying the volume of business manifold. But his father insisted that he work at the grass root level and understand the practical aspects of work before making any big changes. The more he tried to work as per his father's instructions, the more frustrated he felt.

One day he was feeling very disillusioned, so he went and sat in the garden. An earthenware pot that was used every day by the gardener to water the plants, lay beside him. All of a sudden, the pot began to talk to Sujoy. It said "Dear one, why are you so sad?" Sujoy replied, "I am sick of working so hard as per my father's instructions, he doesn't let me control the business."



“Listen to my story, the pot said. At the beginning of my journey, I was just a heap of mud. A potter put water into me and kneaded me again and again, till I became smooth and shiny. Then he put me on his potter's wheel and spun me around till my head went dizzy. He kept on engraving lines on my skin to make a pattern. It was so, so painful.”

The pot continued as the boy listened intently. “That's not all. Then I was put into a very, very hot oven and baked till my skin got all burnt. I could barely breathe. When I was fully baked, they set me out in a cold winter night to cool down.

Lastly, a painter came and added a coat of red paint to my burnt exterior. But after all that, my value has increased manifold. I am a pot that is of use to your gardener every day. All these plants and flowers they bear are my friends. Each time the gardener takes me close to them, they blow kisses at me. They love me dearly. Had I not gone through so many hardships, would I be what I am today? Everyone has to undergo hardships to become something of value!”

The boy stroked the pot lovingly and said, “You are a great friend. I think I have many things to do; I'd better get going. But I'll never forget what you told me. Thank you for your words inspired me.”

Gold shines only after it is heated to a very high temperature. To climb a steep mountain you have to bend yourself forward; if you continue to hold your head upwards, the climb shall become difficult and tiring.

**Moral: Remember that your parents are knowledgeable than you and if they expect you to undergo hardships, it is for your own wellbeing.**





## Foods to avoid during monsoons

We will see a lot of us going overboard with our over indulgence and who can blame us? The rains bring with them food cravings like no other. But as they say, Prevention is better than cure. Hence, it is imperative we keep a check on what we are indulging in. We bring to you some foods that are best avoided during monsoons.



### LEAFY VEGGIES

Greens are healthy but during monsoons let's give them a break from our diet. During monsoons, there are high chances of it, bringing home bacterial and fungal growth due to the temperature and humidity that the season brings along. Try and avoid spinach, fenugreek leaves, cauliflower, cabbage, lettuce etc.



## MUSHROOMS

Mushrooms grow in damp soil and can have bacterial growth which increases the risk of infection once consumed, especially during the monsoon season. So it is better to say no to mushrooms during monsoon!

## SPICY AND OIL LADEN FOODS

Of course pakoras are a must during monsoons, but try and have them prepared at home and do not indulge in them often. Spicy and oily food during monsoon can lead to stomach infection, hence precaution is needed.



## COLD BEVERAGES

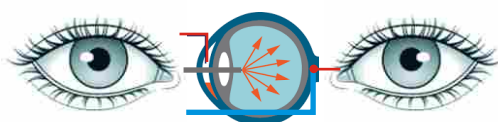


No brainer here! Avoid cold beverages to save yourself from runny nose, fever and all the uneasiness it brings along.



# HEALTH — IS WEALTH

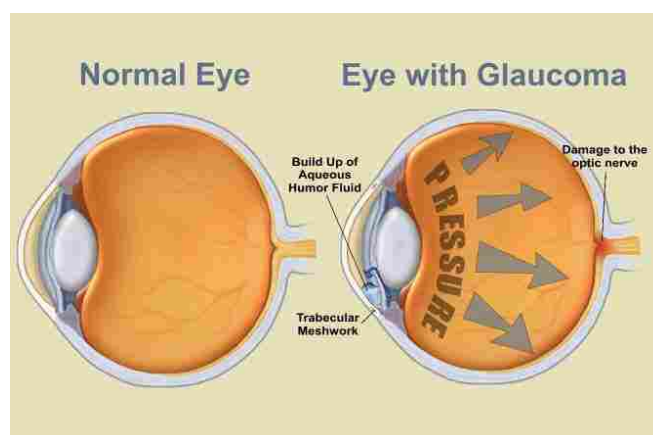
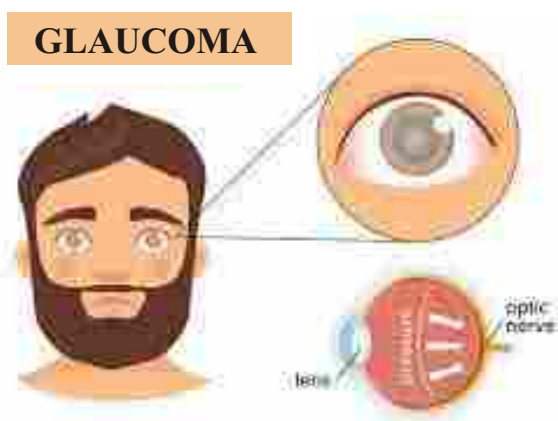
## GLAUCOMA



### The Silent Thief of Sight

*(contributed by Dr. S. Mishra,  
The Mehta Hospital, Lugazi, Uganda)*

In India, nearly 12 million are affected by glaucoma with an estimated 40-50 percent eye disorder cases going undetected. Glaucoma is one of the leading causes of blindness especially for people over the age of 60.



### What is Glaucoma?

Glaucoma is an eye disease that damages the optic nerve – the only connection between the eyes and the brain. Most cases are caused by a buildup of pressure within the eye. The longer the pressure builds, the more damage it causes to the optic nerve. Left untreated, the optic nerve will continually deteriorate, resulting in permanent vision loss or blindness.

### Understanding the symptoms

There are almost no obvious symptoms during the early stages of glaucoma – even as the optic nerve is suffering damage – for this reason glaucoma is known as the 'Silent Thief of Sight'. As the condition progresses, patients will experience tunnel vision or notice patchy spots in their peripheral vision. The more severe type of glaucoma (acute closed angle glaucoma) may cause symptoms like nausea, vomiting, headaches, severe eye pain, red eyes and blurred vision.

If there is any glaucoma history in your family, it is important to contact an eye specialist near you.

## Detecting Glaucoma

Glaucoma can only be detected through a comprehensive eye examination.

During an exam the eye doctor will assess a patient's visual field, examine the optic nerve and test eye pressure, among other things. Annual eye check-ups are recommended, to diagnose and treat glaucoma, as early detection is key.

## Treating Glaucoma

While there is no way to prevent glaucoma, there are several treatment options that can help prevent or slow down damage to the eye and vision loss.

### Eye drops

Prescription eye drops are usually the first treatment option used for early stages of glaucoma. These drops are used to help improve how fluid drains from the eye or helps decrease eye pressure by limiting the amount of fluid the eye produces.

### Oral medications

When eye drops prove ineffective, the eye specialist is likely to prescribe oral medications to lower eye pressure.

### Surgery and other therapies

Beside eye drops and oral medications, the other option the eye specialist may recommend is Surgery.

Since glaucoma is the silent thief of sight, make sure to catch it early — with an annual eye check-up.







# Mental Wellbeing

There are various reasons because of which one develops negative thoughts.

We have no control over our thoughts, but we can change the way we think in a given situation. Here are some solutions, which can help you de-stress while your mind is working overtime, thinking negatively.



## Overcoming Negative Thinking

*(contributed by Mr. Manoj Wadhvani, Senior Executive, Managing Director's Office, Mumbai)*



**Pause for a minute**

**Take a deep breath**



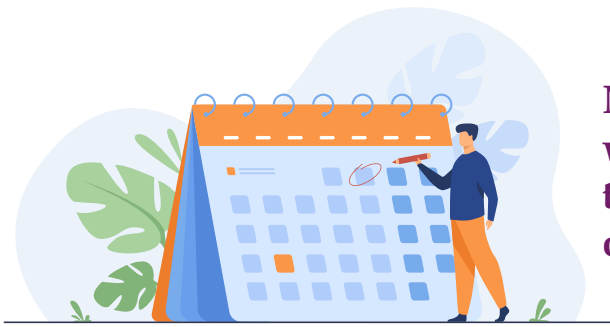
**Meditate**



**Listen to music**



**Read religious books**



Make a calendar of happiness;  
wherein you do things  
that you like,  
once a week, month, and year



Share your thoughts  
with a close friend



If you are good at writing,  
poems, stories, try to do the same,  
just to divert your mind and  
to spend constructive time



Take a walk



Go swimming



Go to the gym



Count your blessings, children,  
house and all your possessions  
and think about less fortunate people

**Only if you are happy, you can make others happy too!**

# JUST FOR LAUGHS

**How does the moon cut his hair?**

**ECLIPSE IT**

**How do we know that the ocean is friendly?**

**IT WAVES**

**What is a computer's favorite snack?**

**COMPUTER CHIPS**

**What do you call two birds in love?**

**TWEETHEARTS**

**How do you get a squirrel to like you?**

**ACT LIKE A NUT**

**What do you call a dog magician?**

**A LABRACADABRADOR**

**What time is it when the clock strikes 13?**

**TIME TO GET A NEW CLOCK**



## Answers to the last issue's Contest:

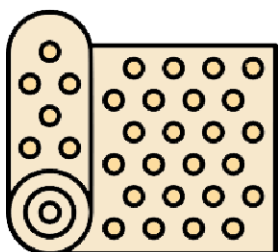


- **“WELL TRAINED TECHNOCRAT SECURITY DOG IS TAKING CARE OF THE HOUSE BY EXTERNAL AND INTERNAL DANGERS”.**  
(by Mr. Nipul Zala, Manager-HR & A, SCL, Sidheegram)
- **DOGITALIZATION**  
(Mr. Falgun B. Goswami, Jr. Officer-SCL Jetty)
- **“UNLEASHING THE PAW-SIBILITIES: WHEN TECHNOLOGY MEETS NATURE'S ENTERTAINMENT!”**  
(by Ms. Priscilla Nazareth, Sr. Officer-Accounts Corporate Office, Mumbai)

## FUN FACTS

**Taumatawhakatangihangakoauauotamateaturipukakapikimaungahoronukupokaiwhenua kitanatahu**

**The longest place name in the world is 85 letters long in New Zealand.**



**Bubble wrap was originally invented as wallpaper.**



## MOTIVATION

### C O R N E R

The best preparation  
for good work  
tomorrow is to do  
good work today.

Elbert Hubbard

YOU ARE  
STRONGER  
THAN YOU  
THINK

Always remember that  
your present situation is  
not your final destination.  
The best is yet to come.



## Answer the **RIDDLES** given below:

1. WHICH LETTER ASKS QUESTIONS?
2. A PIT THAT CANNOT BE FILLED?
3. A BUS THAT CANNOT BE USED FOR TRAVEL?
4. PINS THAT YOU CAN EAT?
5. UNSCRAMBLE "YOLNWONDER"
6. GIVE ME FOOD AND I WILL LIVE, GIVE ME WATER AND I WILL DIE, WHAT AM I?

Please send your answers to [neetam@mehtagroup.com](mailto:neetam@mehtagroup.com).  
All the correct answers from three locations will be given prizes.

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Editor: Ms. Neeta Manglurkar

Our Team of Correspondents: Mr. Pankaj Vaja, Mr. Nipul Zala,  
Mr. H M Khunti, Mr. Alpesh Khurana, Mr. Shailabh Sharma,  
Ms. Bunty Raval, Dr. S. Mishra and Mr. Senthil Kumar

Our Content and Editorial Consultants:

Mr. Prakash Kunte, Mr. Suresh Kothari and  
Ms. Zainab S. Kazi

Designed: Ms. Meeta Shah - A & M Enterprise, Ahmedabad